

	16/6 Sunday	17/6 Monday				18/6 Tuesday		19/6 Wednesday	20/6 Thursday				21/6 Friday	
9:00-10:30	Arrival	Lecture 1: Quantum mechanics for NMR Mathies				Lecture 3 : DFT calculation of NMR parameters Mueller		Lecture 6 : probes and cryomagnets for ssNMR Engelke	Lecture 8 : Decoupling and recoupling Polenova				Lecture 10 : Hyperpolarisation (I) Hope	
10:30-11:00		Break				Break		Break	Break				Break	
11:00-12:30		Lecture 2 : NMR Hamiltonians and magic-angle spinning Levitt				Lecture 4 : Quadrupoles Grandinetti		Lecture 7 : Relaxation Lewandowski	Lecture 9 : Paramagnetic NMR Grey				Lecture 11 : Hyperpolarisation (II) Mathies	
12:30-14:00		Lunch				Lunch		Relaxation (Practicals)	Lunch				Departure	
14:00-14:45		Processing Vosegaard	Pulse progr. basics Perrone	Circuits basics Grandinetti	Phase cycling Hope	Lecture 5 : The origin of chemical shift Copéret			Hands-on ssNMR Perrone	Models of relaxation Lewandowski	Machine learning tools for data anal. Grandinetti	Pulse progr. advanced Polenova		
14:45-15:30		Pulse progr. basics Perrone	Processing Vosegaard	Phase cycling Hope	Circuits basics Grandinetti	Commercial talks : Cryogenically cooled probes for Solid State NMR Perrone			Models of relaxation Lewandowski	Hands-on ssNMR Perrone	Pulse progr. advanced Polenova	Machine learning tools for data anal. Grandinetti		
15:30-16:00		Break				Break			DFT calculation of NMR parameters Mueller	Break				
16:00-17:30		From Hamiltonians to spectra Levitt				Simulations of MAS NMR spectra Vosegaard	Simulations of MAS NMR spectra Vosegaard			DFT calculation of NMR parameters Mueller	Simulations of MAS NMR spectra Vosegaard			
17:30-19:30	Welcome cocktail and dinner	Round tables/ Flash talks				Round tables/ Flash talks			Group discussions with teachers and tutors					
19:30-20:00		Break				Break			Break					
20:00		Seating-buffet dinner				Banquet dinner downtown			Table-service dinner					